



## Supporting children and families in general practice after a natural disaster or community trauma **online course**

This short course is for GPs working with families and children affected by natural disasters such as fire, floods or storms, or by community trauma events.

### About this course

This course is based on the understanding that natural disasters and community trauma can have a profound impact on children's social and emotional wellbeing, and that GPs are well placed to work with children, parents and families to protect children from the impact of these events.

### Why was this course developed?

This course was developed in response to the growing number of Australian families who are impacted by natural disasters or community trauma.

It is based on the understanding that natural disasters and community trauma can have a profound impact on children's social and emotional wellbeing, and that GPs are well placed to work with children, parents and families to protect children from the impact of these events.

### How was this course developed?

This course has been specifically designed for GPs, and is based on their experiences. It recognises the realities of general practice, the broad context of doctor-patient relationships, and the array of circumstances that GPs work in.

The course incorporates an understanding of:

- the unique role GPs play in disasters as community members and local health professionals
- the pressures and complexities that GPs face
- the challenges of long-term continuity of comprehensive family care.

1HR

Start course

The information in the course was developed in collaboration with GPs, stakeholders from academia, children and family services, child mental health experts and with parents with lived experience of trauma and other coexisting issues. A comprehensive literature review was undertaken into the effects of trauma on Australian children.

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### Accreditation

This activity has been approved for 1 hour Educational Activities with the RACGP and ACRRM.

This activity has been approved for: Mental Health CPD by the General Practice Mental Health Standards Collaboration (GPMHSC).



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