



2 HOURS

## Our Woven Ways: Connecting practitioners with the experiences of Aboriginal and Torres Strait Islander children and families **online course**

### About this course

*Our Woven Ways* looks at the intersection between Aboriginal and Torres Strait Islander parenting and taking a child-centred community approach in which a child's identity develops in relation to their family and community, broader society, the environment, and the living spirits of their sacred ancestors and Land.<sup>1</sup>

It asks you to think about how colonisation has interrupted important connections and relationships between family, community, culture and land, disrupting the passing down of knowledge on parenting practices.

### What is included in the course?

This course introduces practice strategies to support you in building the genuine connections and trust required to have culturally safe, connecting conversations with Aboriginal and Torres Strait Islander parents about their worries, strengths and hopes for their children.

It includes a series of reflection questions to prompt you to think about your current practice perspectives and cultural biases, and consider how you can build trust and connections with Aboriginal and Torres Strait families using strengths-based practice.

### Who is this course for?

*Our Woven Ways* is designed for practitioners who work specifically with Aboriginal and Torres Strait Islander families. This includes GPs, paediatricians, psychiatrists, psychologists, allied health professionals, child protection workers, social workers, child mental health practitioners and specialist counsellors.

### How was this course developed?

*Our Woven Ways* was co-authored by Dr Tricia Nagel and Dr Michelle Sweet of the Menzies School of Health Research and created in partnership with the School's Aboriginal and Islander Mental Health Initiative (AIMhi). The AIMhi [Stay Strong app](#) is designed to promote Aboriginal and Torres Strait Islander mental health and wellbeing by reviewing strengths, worries and goals people have or changes they'd like to make in their lives.

We recognise everyone who informs our work for the wellbeing of Aboriginal and Torres Strait Islander children and families, and has played an integral role in shaping this course by generously offering their time, wisdom and stories.

### Accreditation

This activity has been approved for the following hours and types:

Educational Activities: 1.5 hours

Reviewing performance: 0.5 hours

This activity has been approved for: Mental Health CPD by the General Practice Mental Health Standards Collaboration

Activity type: CPD Approved Activity



<sup>1</sup> SNAICC – National Voice for Our Children. (2010). [Working and walking together](#), p. 21. SNAICC.

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