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Credits

The 'Let's Talk About Children' (Let's Talk) e-learning resource was prepared by the Australian Infant, Child, Adolescent and Family Mental Health Association (AICAFMHA) as part of the Children of Parents with a Mental Illness (COPMI) national initiative funded by the Australian Government.

The content of this course is adapted from the 'Let's Talk About Children' materials developed by Professor Tytti Solantaus and her team at the National Institute of Health and Welfare, Finland.

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Project Task Group

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Consultation, Development and Review

Parents, children and other family members with a lived experience of mental illness for willingly consenting to share your thoughts and experiences. Thank you also to the large group of professionals including workers, managers and researchers who shared their time and experiences.

Video demonstrations

Let's Talk practitioners:

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Actors:

Kelly: Teresa De Gennaro
Grace: Kodi Jackson
Lachlan: Harrison Piper
Isabelle: Ellonye Keniry
Sam: Brodie Perone
Laura: Irena Dangov
Maddy: Madeleine Harkness

Case studies

The dramatised families in this resource are fictional and are portrayed by actors. However their situation and their circumstances are based on consultation with many families and workers across a range of services who have experience with the Let's Talk intervention.

e-Learning and Site Development

e-learning design, media and video production: **Artist Made Productions.**

Site development: **Emerging Minds and Frame Creative.**

Production Team

Video camera: Greg Opie
Production coordination: Veronica Asz
Audio Recording: Nick Steele, Josh Williams
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Production Assistant: Michael Beck
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