Emerging Minds.

National
Workforce
Centre for Child
Mental Health

The impact of family and domestic violence on the child

online course

Family and domestic violence impacts all facets in a child's life including social relationships, physical wellbeing and their mental health. Being able to identify and respond is vital in supporting the social and emotional wellbeing of the children and families you meet with.



The impact of family and domestic violence on the child offers an introduction to the impacts that family and domestic violence (FDV) can have on children. This course provides a definition of FDV and describes some important understandings that support practice. It highlights the impact that FDV can have on the child's relationships, physical health, and social and emotional wellbeing.

Why was this course developed?

This course was developed from evidence showing the high rates of FDV within Australia and its effects on women and children. The intersection between FDV, homelessness, substance use and poverty also means that practitioners in these services require robust frameworks to help them identify and respond to the effects of violence on children.

The course provides some foundational understandings of the effects of FDV on children to support practitioners who want to know more about this, or who may be noticing many of their adult clients talking to them about their – and their children's – experience of violence.



How was this course developed?

This course was developed in collaboration with a number of stakeholders from academia, specialist violence services, women's safety services, general adult and child services, child mental health experts, and with mothers with lived experience of domestic and family violence. A comprehensive literature review was undertaken into the effects of FDV on Australian children and the intersection of violence with other societal issues.

How was evidence used to inform the courses?

The evidence used to inform The National Plan to Reduce Violence against Women and their Children (2010–2022) and The National Framework for Protecting Australia's Children (2009–2020) has also informed this course. Additionally, the lived experience of parents who have experienced FDV was vital to the production of this resource.

Who is this course for?

This course is designed for all practitioners in adultfocused services who engage with adult and family adversity. It recognises the significant proportion of parents affected by FDV who present to services, and the interrelated nature of FDV and mental health, substance use, homelessness, financial pressure and child protection issues.



