

Supervision for children's wellbeing online course

Whether working with children or adults, this course will provide supervisors with a framework for working with practitioners to improve engagement with children, parents and families while helping to support meaningful change in their lives.

About this course

Child-aware supervision is an approach that supervisors of frontline workers can take to promote child and family-sensitive practices in their work with clients who have families. It incorporates attitudes, strategies and techniques that support workers (and organisations) to identify and respond to the needs of children. It continually aims to build practitioner capacity and is grounded in reflective practice, based on knowledge and experience, and supported by the authorising environment of the service organisation.

Four aspects of child-aware supervision are explored in this course:

- Accountability
- Development
- Connection
- Continuous learning

Providing support for practitioners to engage in reflective practice is an integral component to any supervisor-supervisee relationship. Eight skills will also be showcased throughout this course as part of a reflective supervision framework.

Why was this course developed?

For children's wellbeing to be central to practice, it needs to be a core focus within, and supported by, supervision practice.

This course was designed to support supervisors to adopt child-aware supervision practices to support staff to sensitively and curiously identify and respond



2 HOURS

Start course

to the safety and wellbeing needs of children, their parents and families.

How was this course developed?

This course was developed collaboratively with practitioners from [The Bouverie Centre](#), who helped develop the supervision demonstrations and content. The Bouverie Centre is an integrated practice-research organisation that draws on its history of bringing family therapy to Australia to promote healthy relationships in families, organisations and communities.

Who is this course for?

This course is suitable for anyone supervising practitioners who engage children, adults or families in case management, case work or therapy. This includes a broad range of practitioners such as paediatricians, psychiatrists, psychologists, social workers, family and relationship counsellors, child mental health practitioners and specialist counsellors. It also includes general practitioners, allied health professionals and child protection workers.

This course recognises that these specialist supervisors:

- work with practitioners in a variety of settings
- commonly have extensive experience in implementing a range of interventions when working with practitioners; and
- have diverse theoretical perspectives and practice approaches that inform their work.