



The impact of trauma on the child online course

What are the impacts of interpersonal trauma on children and how might you support their recovery? This course will take you through the foundations of trauma-informed practice to support your work with children, parents and families.

The impact of trauma on the child is the first in a series of trauma-related online courses which includes [Supporting children who have experienced trauma](#) and [Supporting children who disclose trauma](#).

About this course

This course will introduce you to key understandings about interpersonal trauma and its impact on children. It explores the ways that children might respond to trauma, and how children and families can recover from trauma.

It will also introduce a trauma-sensitive approach to support children who have experienced trauma or adversity, and invite learners to reflect on how they can integrate this into their interactions with children.

Why was this course developed?

This is a foundation course for all Emerging Minds online courses, and will provide you with key understandings that will support your engagement with any of the areas that you may choose to pursue with Emerging Minds' resources.

How was this course developed?

This course was developed in collaboration with stakeholders from academia, children and family services, child mental health experts and with parents with lived experience of trauma and other coexisting issues. A comprehensive literature review was undertaken into the effects of trauma on Australian children.

1.5 HOURS

Start course

Who is this course for?

This foundation-level course is designed for professionals, volunteers, families, carers and community workers who work with, or care for, children. While it briefly introduces a trauma-informed approach to responding to the prevalence of trauma, and its impacts on children and families, it **does not** explore trauma-specific therapies.

Therapeutic work with children who have experienced trauma requires specialised training, and should be undertaken by suitably skilled professionals.

As you progress through this course, you will work towards being able to:

- describe what is meant by interpersonal trauma
- explain the potential impact of trauma and adversity on children
- recognise children's responses to trauma
- explain ways that children and families can recover from trauma
- describe key principles and practices of trauma-informed practice
- recognise the importance of a trauma-informed approach when supporting children.

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