



2HRS

Start course

## An introduction to family partnerships for educators online course

Partnering with families to understand their unique needs and challenges is one of the most important roles an educator can play in promoting and supporting children and young people's wellbeing.

### About this course

This course introduces the concept of family partnerships as a practice for supporting children's mental health, development and overall wellbeing. It focuses on what family partnerships are; how they can be used to support children's wellbeing; and what authentic family partnerships look like in practice.

The course also introduces four new practice shifts for consideration when implementing family partnerships:

- Cultivating collaboration
- Embracing relationships
- Holistic understandings; and
- Contextual awareness.

### Why was this course developed?

Having conversations with families about child mental health is a key challenge for many educators; both in early childhood education and care, and in school settings. This course was developed to address this concern and build the skills and knowledge of educators to better support child mental health through building authentic partnerships with families.

### How was this course developed?

This course was developed in collaboration with early childhood educators, primary and secondary school teachers, child mental health experts and families.

### Who is this course for?

This course is for educators who want to learn more about family partnerships and how they can be used to support child and youth development, mental health and wellbeing. The course material is relevant for educators across all sectors and career stages, including early childhood educators, primary and secondary school teachers, pre-service teachers and out of school hours care educators.

### What is included in the course?

This course features interviews with practitioners and parents, along with reading materials and reflective activities. It is designed to be undertaken individually, but can also be used as a prompt for conversations between colleagues.

