

## A GP framework for child mental health assessment (5-12 years) **online course**

This child mental health assessment and management course focuses on the identification, assessment, care planning and support required for children aged 5-12 at risk of or experiencing mental health difficulties.

### About this course

The course is built around three key areas of evidence-based practice – research evidence, practitioner experience, and child and family partner feedback. These elements were considered in the scoping, planning and development of the course, to build a General Practice Framework of:

- knowledge of common child mental health conditions
- engagement skills required when interacting with a child and their family
- practical skills for child mental health assessment and management.

### Why was this course developed?

Evidence shows that GPs are the most accessed service among children with social and emotional difficulties. Recent longitudinal data indicates that school aged children with emotional symptoms, hyperactivity and peer problems are likely to have at least one visit to their GP each year<sup>1</sup>.

This course was developed to meet this increasing need for support in undertaking child mental health assessment and the management of ongoing care.

### How was this course developed?

The course was co-designed in collaboration with GPs and parents to ensure content is relevant and realistic to the practitioner experience.

<sup>1</sup> Lawrence, D., Johnson, S., Hafekost, J., Boterhoven de Haan, K., Sawyer, M., Ainley, J., & Zubrick, S. (2015). The mental health of children and adolescents: Report on the second Australian Child and Adolescent Survey of Mental Health and Wellbeing. Table 2-2: 12-month prevalence of mental disorders among 4-17 year-olds by sex and age group, p. 26



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Start course

### Who is this course for?

This course has been specifically designed for GPs who are seeking to enhance their clinical practice in mental health when working with children aged 5-12 years.

### Accreditation

This activity has been approved for 4 hours Educational Activities and 3.5 hours Reviewing Performance Hours with the RACGP and ACCRM.

This activity has been approved for: Mental Health Skills Training accredited by the General Practice Mental Health Standards Collaboration (GPMHSC) as a Clinical Enhancement Module as part of a Modular Pathway.



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