

Supporting children who disclose trauma online course

When practitioners work with children and their families to help them find the words to describe their experiences, the power of secrecy is diminished.

Supporting children who disclose trauma is the third in a series of trauma-related online courses which includes [*The impact of trauma on the child*](#) and [*Supporting children who have experienced trauma*](#).

About this course

Supporting children who disclose trauma examines practice strategies for supporting children who have disclosed trauma or abuse directly to you or another person, or who are known to have experienced trauma or abuse. It will help you to develop strategies and activities to support children to move away from the self-blame and secrecy associated with physical or sexual violence, and so often used by adult perpetrators to silence the child and keep the abuse hidden.

The course introduces the 'Four Ps' of helping children move beyond self-blame and secrecy after their experiences of abuse:

- **Power**
- **Protest**
- **Purpose;** and
- **Participation.**

Why was this course developed?

This course is the third in a series of online courses from Emerging Minds which support practitioners to work with children who have experienced trauma.

The course showcases the 'Four Ps' which were developed in partnership with specialist sexual abuse practitioners, family violence practitioners, social workers, academics, and allied health professionals. These practitioners feature throughout the course and discuss how they use the 'Four Ps' to help children create hopeful and positive stories about themselves that stand against self-blame and secrecy.



How was this course developed?

This course was developed through a comprehensive analysis of trauma literature and collaboration with specialist practitioners who work with children affected by trauma. The practice demonstrations were developed collaboratively with children and families with lived experience of trauma, along with specialist practitioners and specialist practitioners.

Who is this course for?

This course is designed for practitioners who work specifically with children who are known to have experienced trauma or are likely to disclose trauma. This includes professionals who may receive referrals for support, such as paediatricians, psychiatrists, psychologists, social workers, child mental health practitioners and specialist counsellors. It also includes GPs, allied health professionals and child protection workers.

What is included in the course?

This course features fictional video demonstrations of conversations between practitioners and parents and children, along with reading materials and reflective activities. It is designed to be undertaken individually, but can also be used as a prompt for conversations between colleagues.

Recommended APA citation: Emerging Minds. (2022). *Supporting children who disclose trauma* [Online course]. Emerging Minds Learning. <https://learning.emergingminds.com.au/course/supporting-children-who-disclose-trauma>